

7 Stroke Roll

Lane Parsons

4X

R R L L R R L L L R R L L R

Full Rudiment

R R L L R R L L L R R L L R

With Kick

R R L L R R L L L R R L L R

Beat 1

L L R R L L R

Beat 2

L L R R L L R

Beat 3

L L R R L L R

Fill 1

L L R R L L R

Fill 2

R L R K L L R R L L